



# We Are Listening

If you are feeling worried or concerned about something or someone, either personally or professionally, we want you to know that help is at hand.



We have created a safe space where you can share any difficulties or worries that you are facing. There is no need to suffer in silence.



We can also direct you towards other support organisations that may be able to help you, including therapists and counsellors paid for by the company or accessed through Westfield Health.

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