



Break Through School

Autumn Term Newsletter 2025



Welcome to our end-of-term update. As we reach the close of another wonderful autumn term, we're delighted to share the highlights, celebrations, and achievements that have made this season so special for our school community.

Please see below to find helpful links, reminders of our D/DDSPL details should you be worried about any learners throughout the holiday period.

Reminder: School re-opens for staff and learners on Monday 5th January, 2026, usual time (before 9am) and we look forward to seeing all at the start of the the New Year.

A Message from the Principal



What a fantastic term it has been, filled with enriching learning experiences and joyful moments! We've had a culturally rich term, supporting and raising awareness for a range of causes, including: Remembrance Day, Anti-bullying, Movember, Mental Health, Black History Month and many more. Leading us to our Festive break, which we know is not always an easy time for all. You may be worried about a change to routine, cost of living/heating amongst other things. We recognise these times can be challenging for our learners and their families. Please see the bottom of the newsletter where we signpost agencies that may be of support throughout this period.

I wrote to you recently, informing you of my intended leave. Due to external factors, this has now been extended to the Easter break, so I am delighted to see out the whole Spring term alongside my colleagues and our wonderful cohort. As before, I will ensure my leave is well transitioned with the learners' needs at the heart of any changes made and will keep you all updated.

We close off this term, feeling proud of our first round of examinations - Year 11s outdone themselves by showing resilience and commitment to their qualifications. Every child who attended utilised their support, extra time and exam techniques taught by their excellent teaching staff. A big thank you to our newly appointed exam's officer, Gurmeet, for a seamless first round - many more to come in the New Year.

A heartfelt thank you to all parents, carers and partners for your ongoing support, engagement, and partnership. Your involvement in school life makes such a huge difference to our children's education and wellbeing. We couldn't do it without you all.

Ruth Elliott

A handwritten signature in black ink that reads "Ruth Elliott".

Autumn Highlights & Achievements

Charity Awareness

Our fabulous EDI lead, Chelsea Smith, has been beavering away this term, embedding all manner of social, moral, cultural and spiritual content throughout the school. SMSC content is primarily delivered through our Core Skills sessions, which are led by TAs and usually very popular. Well done to the 2 x group winners from the end of year EDI & Safeguarding quiz: Inspire & Strive!

Exciting Enrichment

Our new Enrichment series is well underway now, including a wide range of trips and experiences: Bread Ahead in Borough Market, London landmarks stop-offs, the Gym, Hall Place in Bexley and Cafe trips for food rewards to name a few. These sessions now take place every Friday afternoon and those that stay behind get to catch up on core subjects.

Excellent Attendance

Well done to all who have increased their punctuality this term - so many raffle prize entries & the lucky TN who won a £20 voucher in our end of term assembly! Being on time helps best prepare you for a day of learning, gives you time to benefit from Quentin's buzzing breakfast club & get an emotional check-in when needed.

Every learner who turns up before 9am received a raffle ticket for end of term drawers. As we recognise attendance challenges, such as EBSA and temporary challenges with maintaining attendance, we also give rewards for 'most improved' rather than just 100%.

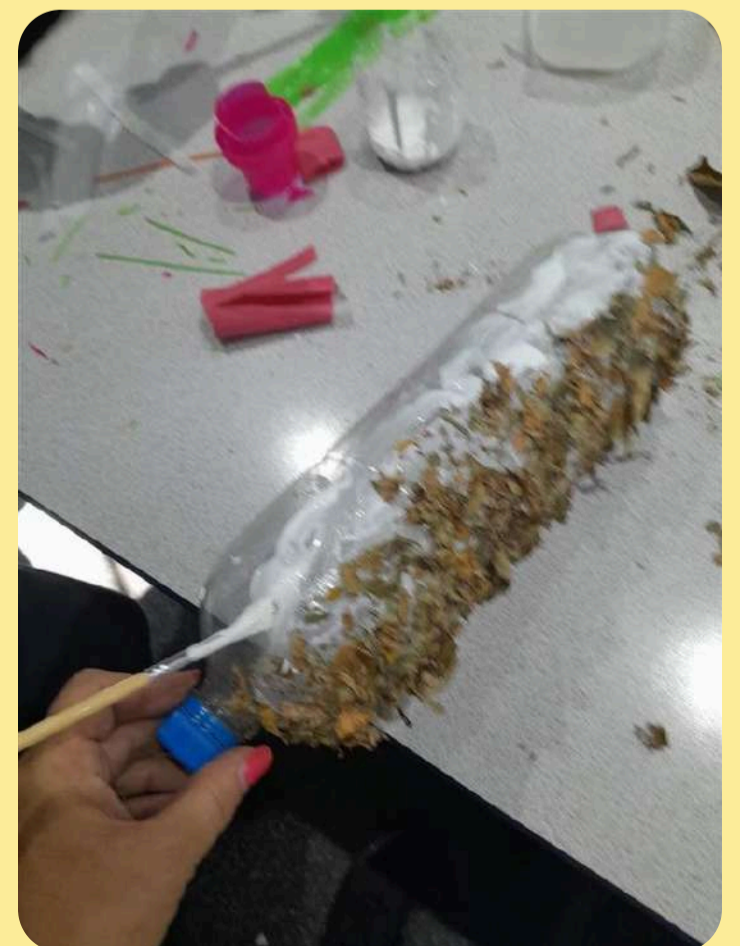
All of our learners are reminded that being in school is where you can make a positive contribution to your life chances and outcomes. We will do all we can to ensure you reach your potential, but we need parental and carer's support in getting learners in through the front door - we will do the rest!



Ruth (Principal) and our excellent Attendance & Liaison officer, Ria giving out a round of £20 vouchers!



Here is an example of our Friday Enrichment series: This is a carousel offer and here learners are creating sustainable crafts ready to adorn our sustainable Christmas Tree (see image above) and beautiful decorations to take home.



Learning & Curriculum Updates

1

Topic Celebrations

As mentioned before, we have been celebrating a wealth of SMSC content throughout Autumn, including a focus on Black History Month and Remembrance Sunday and our Sustainability efforts have permeated throughout the curriculum.

2

Literacy Focus

Learners benefit from a focus on reading throughout their time at Break Through. We recognise that literacy proficiency is the key to success throughout the curriculum and as such, we embed additional literacy sessions throughout the week. Our Assistant Principal for Curriculum & Education, Harj, also conducts YARC reading assessments to ensure their work is matched to their reading age over their chronological age aka: age over stage.

3

Healthy Living

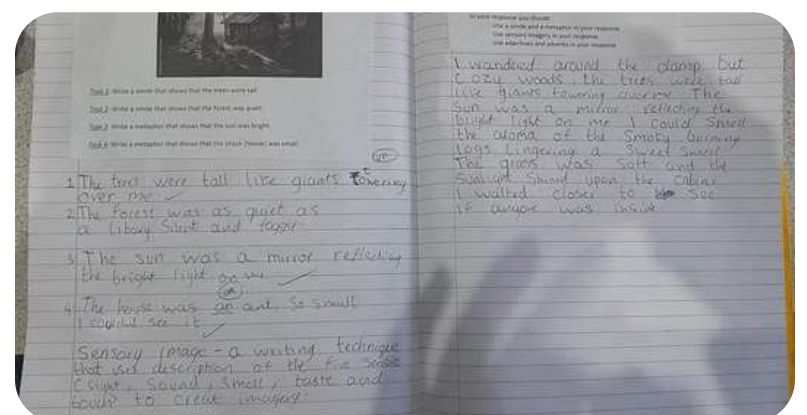
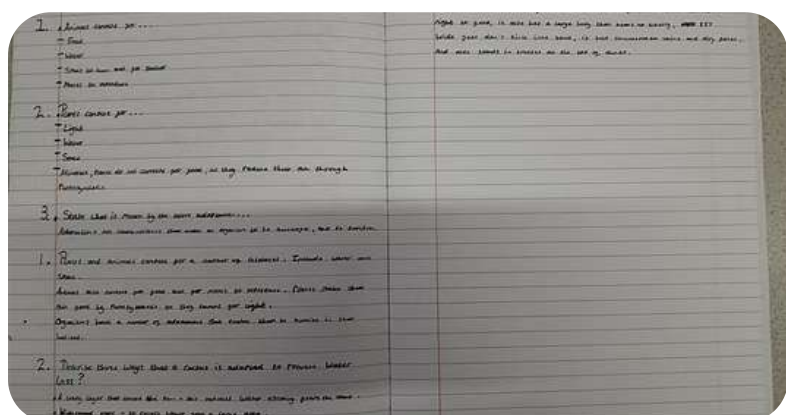
We continue to strive to offer a range of food options throughout the day at no extra cost to our families. This starts with a healthy breakfast offering of cereal, toast, fruit and water. At break time we have a range of snacks and lunch is currently being provided with a range of hot food selections. However, we are keen to collaborate with a local food provider, so if you know of any or of a possible school cook for up to 3 hours per day, please reach out and let us know.

Call on 01322 440049

4

Online Safety

E-Safety reminders continue to help keep our children safe online, both at school and at home. Many of our behaviour incidents stem from issues arising through group chats outside of school. We are proud to be a leading school in the no-phones-zone and learners benefit hugely from increased attention, engagement and social skills. However, many of them continue to engage with inappropriate content once they leave site. We encourage you to check your children's phones and consider putting in boundaries to safeguard them further. Please see NPSCC for more information on how to put this into place: [Children and technology: Age-appropriate usage advice | NSPCC](#)



Community & Family Support



Parenting Support

Many families benefit from Early Help Intervention, but worry about the involvement of wider social care. Bexley Family Support has a new hub in West St, Erith, where you can drop in and access a range of support services, without a formal referral:

 West Street Erith Family Hub

**WEST STREET
ERITH FAMILY
HUB**

The Erith Family Hub is here to support you and your family from pregnancy through to your child's 18th birthday.

The Family Hub aims to be a one-stop shop for families, offering a variety of resources and support in a single location. This makes it easier for families to access the help they need and provides a central point for connection and support within the community.

Services on site include Children centres practitioners, **the Bexley Family Wellbeing Service**, Connecting Families, Act for Change, Health clinics, Mindful mums, The Incredible Years Programme and Family Community Work Coach from DWP.



Food Support in Bexley/Greenwich

We recognise how challenging it is when children are off school for longer periods as we provide at least two meals per day. Greenwich and Bexley have a range of support initiatives running throughout the festive period. Search up the following links for more info:

[Free meals during school holidays | Royal Borough of Greenwich](#)

Bexley [Christmas & New Year opening](#) | [Bexley Foodbank](#)



Family Wellbeing

Our ongoing commitment to supporting families in need remains strong. Please don't hesitate to reach out if we can help in any way.

DSPL - Rosie 07399231646

DDSL - Ruth 07398134205

COPING AT CHRISTMAS

The Added Pressures of Christmas can be Tough, but it's Important to know there's always Someone you can Talk to...

 NHS 111 online Call 111 & select option 2 to speak to the NHS Mental Health Crisis Response Service 24/7 Nhs.uk/mental-health	 PAPYRUS Under 35s can Call 0800 068 4141, Text: 88247 or Email: pat@papyrus-uk.org 24/7 Papyrus-uk.org	 SAMARITANS Call 116 123 to talk to Samaritans, or email: jo@samaritans.org for a reply within 24 hours Samaritans.org
 mind Call MIND's Mental Health Helpline 9am to 6pm, Monday to Friday on 0300 102 1234 Mind.org.uk	 shout 85258 Text "SHOUT" to 85258 to contact the Shout Crisis Text Line, or text "YM" if you're under 19 Giveusashout.org	 CALM Mental Health Forum & Chat for Men from 5pm - midnight every day Call or Whatsapp 0800 585858 Thecalzone.net

[ChristmasCountdown.uk](https://www.christmascountdown.uk)

Festive Fun & Celebrations



Festive Feast

A huge thank you to our staff for buying, cooking and serving up a festive food treat to all learners and staff on Thursday 18th December, with music and fun alongside, we had a wonderful afternoon. Particular thanks to Louise M and Harj T.

Also, a shout out to Belvedere Baptist Church [Belvedere Baptist Church – A kingdom focused, missional church.](#) who continue to support in providing us a warm, safe space to host our events and on this occasion gave us free use of their kitchen and facilities. We continue to benefit from this community partnership.



End of Term Trip

KS3 and KS4 had a wonderful opportunity to attend Sea Life in Central London over the past two weeks. All age groups were equally captivated by the lights and glitz of our beautiful city and the animals and natural world depicted at the Aquarium. For many learners, this was their first time visiting and they were full of awe and wonder!

More trips are planned for Spring term and the big Summer Thorpe Park adventure day is booked and ready for those that demonstrate appropriate behaviour and a willingness to engage in their school community appropriately.



Autumn in Pictures



Thank You & Looking Ahead

With Gratitude

Thank you for a wonderful term of partnership, progress, and shared success. It has been a privilege to work alongside you in supporting your children's learning and development.

We wish all our families a joyful, peaceful, and restful Christmas break. May your holidays be filled with warmth, laughter, and precious time together.

We're excited to welcome everyone back in January for an exciting new term filled with fresh opportunities and adventures!

Stay Connected

Keep up to date through our school website and social media channels for the latest news and updates. Follow us on Instagram: [Breakthrough_Belvedere](https://www.instagram.com/breakthroughschool_belvedere) or view our website at: www.breakthroughschool.co.uk **D**

Instagram



breakthroughschool_belvedere

Break Through School

119 posts 53 followers 33 following

Education

An independent alternative provision located in Belvedere, Bexley.

