

# BREAK THROUGH SCHOOL NEWSLETTER



**BreakThrough**  
INDEPENDENT SCHOOL

## HAVE A SAFE EASTER!

Easter has swiftly arrived! This term has been jam packed with new experiences. On each day our learners have been on a quest to quench their thirst for knowledge. From lessons to activities to trips, we have packed a huge amount into Spring term.



## KEY DATES

School closes on **Friday 27th March** and returns **Monday 13th April**

Please ensure all learners arrive to school on time, before 8:50am. Remember we offer breakfast club from 8:30 daily, free of charge, so please encourage your child to attend and benefit from a warm start to their day, including some RnB, Garage tracks

## STAFF SPOTLIGHT

The Dream Team, thank you for your sheer hard work, dedication and commitment towards making each young learner feel seen and educated, your resilience in addition with positive attitude is the reason why our learners arrive at school each day. We sadly say goodbye and farewell to our Principal, Ruth Elliott. As much as we are finding this hard to digest, we couldn't be more grateful for the mentorship, support and opportunities you have provided our learners and staff. We truly wish you the best in your future endeavours.



WISHING YOU A SAFE HALF TERM

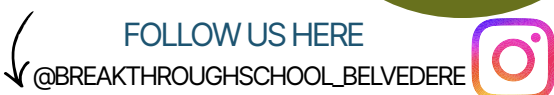
[WWW.BEXLEYLOCALOFFER.UK/PAGE/14877](http://WWW.BEXLEYLOCALOFFER.UK/PAGE/14877)

IF YOU'RE WORRIED ABOUT SOMEONE PLEASE SEEK SUPPORT FROM ONE OF THE FOLLOWING

CALL A DSL  
ROSIE: 07399231646

REPORT NON-URGENT CRIMES  
VIA CRIMESTOOPPERS101

FOLLOW US HERE



COURAGE THOROUGHLY ENGAGED IN READING AT OUR LOCAL LIBRARY

BREAKTHROUGH  
SCHOOL  
NEWSLETTER

# OUR BUSY BEES!

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**BEING BUSY AND ENGAGING IN PRODUCTIVE ACTIVITY FOSTERS JOY, PREVENTS DEPRESSION, TURNS ENERGY INTO FRUITFUL OUTCOMES. STAYING BUSY IS FRAMED AS AN ACT OF SELF-CARE THAT BUILDS MOMENTUM, FIGHTS FEAR, AND CREATES A PURPOSEFUL, FORWARD-LOOKING LIFE.**



This term at break through school we have been up to all sorts, including: supporting our local church and community by picking up litter, tested our football shooting skills at toca social, visited the animals at capel manor, visited our local library, worked as a team at ballers and created illusions at paradox and much more..

BREAKTHROUGH  
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# MADE YOU LOOK TWICE!

01322440049



## OUR TRIP TO PARADOX MUSEUM



### PARADOX MUSEUM

HERE ARE SOME MOMENTS OF FUN HAD ON OUR EXPERIENCE AT THE PARADOX MUSEUM.

ALTHOUGH THERE WERE MANY ILLUSIONS IN THESE PICTURES, THE HAPPINESS WAS REAL!

LEARNING AND EXPLORING DOESNT HAVE TO FEEL LIKE A CHORE, THERE IS ALWAYS A WAY WE CAN SEEK KNOWLEDGE WHILE ADDING TO OUR BANK OF MEMORIES!

THE PARADOX MUSEUM IS AN INTERACTIVE, FAMILY-FRIENDLY ATTRACTION FOCUSING ON MIND-BENDING OPTICAL ILLUSIONS, INTERACTIVE INSTALLATIONS, AND EXPERIENTIAL ENTERTAINMENT DESIGNED TO CHALLENGE PERCEPTIONS.

LOCATED IN KNIGHTSBRIDGE, LONDON, NEAR HARRODS, IT OFFERS OVER 50 EXHIBITS AND 25 THEMED ROOMS, INCLUDING A ZERO GRAVITY ROOM AND AN UPSIDE-DOWN TUBE STATION. WE EVEN HAD A SNEAKY LOOK ROUND HARRODS AND OUR PRINCIPAL TREATED US TO SOME POSH CHOCOLATES!



BREAKTHROUGH  
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# BREAK THROUGH BALLERZ!

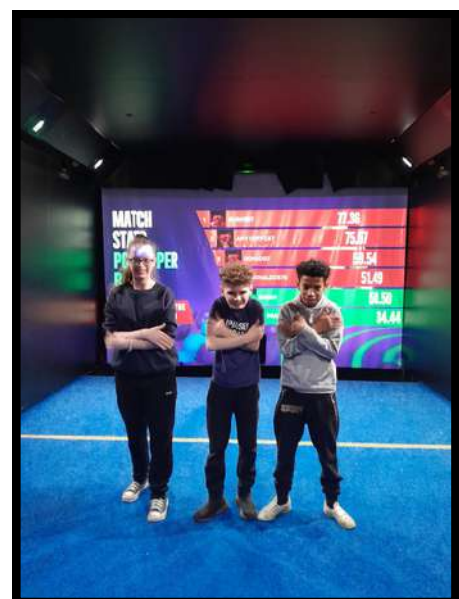
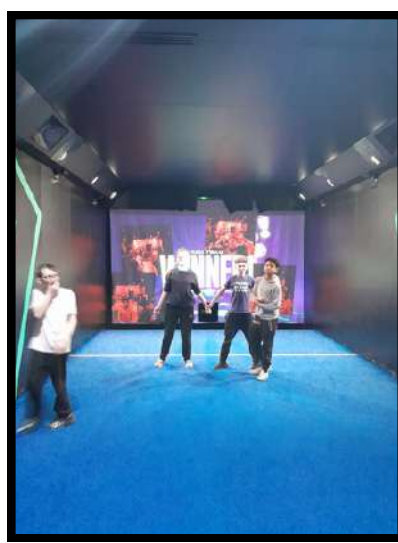
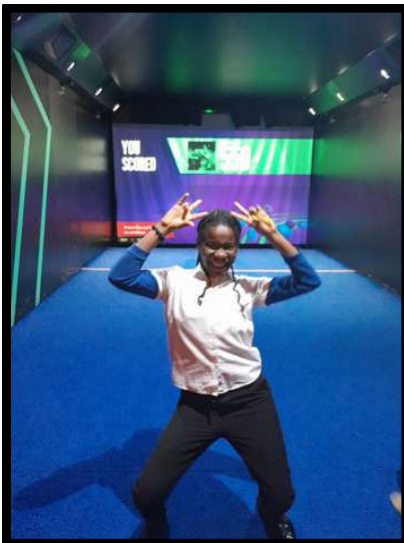
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OUR TRIPS TO BALLERZ & TOCA SOCIAL



**BALLERZ!**

BALLERZ AT BLUEWATER IS A STATE-OF-THE-ART, 26,000 SQ FT IMMERSIVE FOOTBALL ENTERTAINMENT VENUE LOCATED AT BLUEWATER SHOPPING CENTRE, KENT. BACKED BY LEGENDS LIKE RIO FERDINAND, IT FEATURES A 5G PITCH, SKILLZONE ARCADE, AND STADIUM-STYLE THEATRICS FOR ALL AGES, DESIGNED TO GIVE YOU A PREMIER LEAGUE EXPERIENCE THIS TERM OUR LEARNERS TEAMED UP AND TOOK IT TO THE PITCH TO DECIDE WHICH TEAM WAS THE BALLERZ CHAMPIONS!



**TOCA SOCIAL**

OUR LEARNERS ALSO HEADED DOWN TO TOCA SOCIAL, THE WORLD'S FIRST INTERACTIVE FOOTBALL EXPERIENCE, COMBINING IMMERSIVE SOCCER-BASED GAMING, TO TEST OUT THEIR PRECISION AND AIM SHOOTING.

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**MESSAGE FROM THE SUSTAINABILITY LEAD**

WE HAVE ENGAGED WITH THE GREAT BRITISH SPRING CLEAN PROGRAM. WE HAVE PLANNED AND PLEDGED OUR FIRST COMMUNITY SPRING CLEAN COMMITTING TO A LITTER PICK AT OUR LOCAL CHURCH GROUNDS, OUR SCHOOL SUSTAINABILITY APPRENTICE IS GOING TO LEAD ON THIS.

OUR SUSTAINABILITY APPRENTICE TOOK THE LEAD IN THE BIG PLASTIC COUNT FOR SCHOOLS. WE COUNTED OUR PLASTIC USE OVER ONE WEEK, IT WAS ANALYSED AND WE RECEIVED OUR SCHOOL'S PLASTIC PROFILE. THIS INFORMATION IS BEING FED THROUGH TO THE WHOLE SCHOOL, CREATING AWARENESS AND HELPING US IMPLEMENT CHANGE. THIS LED US NICELY INTO SIGNING UP TO THE PLASTIC CLEVER SCHOOL PROGRAM AND WE HAVE STARTED WORKING TOWARDS GAINING OUR FIRST ACHIEVEMENT.

FOR FOOD WASTE WEEK 2026 - MAKE YOUR FOOD GO FURTHER FOR YOUR POCKET, FOR OUR PLANET. ALL WERE TASKED WITH EXPRESSING THE FOODS THAT THEY WOULD LIKE TO EAT AT SCHOOL. THEY WERE ENCOURAGED TO THINK ABOUT COST, PRECIOUS MINUTES, ENVIRONMENTAL IMPACT, HEALTH AND HEADSPACE. THE CALCULATED RESULTS WILL IMPROVE FOOD WASTE AND MAKE THE LEARNERS LUNCH TIME MORE ENJOYABLE.

**LOUISE MARCUS - SUSTAINABILITY LEAD**



**MESSAGE FROM OUR PRINCIPAL**

Dear families,

this is my last newsletter contribution. I have spent my final term with your lovely children and been deeply moved by their kind words and care this week. Thank you to every one that reached out - I appreciate you all.

I know everyone of a certain age says the same, but time really does seem to fly! It has been 4.5 years since I joined Break Through, and I have felt very privileged to work with a phenomenal set of people and look after your delightful children.

I am immensely proud of what we have created here, some of my highlights include the Apprentice Roles, our Assemblies, trips and the Trauma-Informed approach we have embedded.

I leave the school in the utmost capable hands of Harj Thumber and Rosie Amuah Fanoiki who will be interim co-heads, supported by our superb SLT.

I am taking the opportunity to work abroad and live out a long-held ambition. Although I leave with a heavy heart, I will stay in touch and follow Break Through's positive progression with pride.

Thank you for trusting us at Break Through, and me as the principal to care for your child over the years.

**MESSAGE FROM THE EDI LEAD**

OUR DIVERSITY AND INCLUSION FOCUS HAS BEEN EQUALLY WIDE-RANGING. LEARNERS TOOK PART IN ACTIVITIES LINKED TO CHILDREN'S MENTAL HEALTH WEEK, WORLD BRAILLE DAY, LGBTQ+ HISTORY MONTH, YOUNG CARERS ACTION DAY 7 AND NEURODIVERSITY CELEBRATION WEEK. FOR CHILDREN'S MENTAL HEALTH WEEK, WE EMBRACED THE "DRESS TO EXPRESS" THEME, INVITING LEARNERS TO WEAR THEIR OWN CLOTHES TO SCHOOL. IT WAS FANTASTIC TO SEE SO MANY BRIGHT COLOURS ON DISPLAY, WITH LEARNERS CONFIDENTLY EXPRESSING THEMSELVES AND CELEBRATING INDIVIDUALITY. LEARNERS ALSO HAD SOME FUN WITH ACTIVITIES INCLUDING A 'LUCKY COIN HUNT' WINNING SOME SWEET TREATS AS PRIZES WHEN THEY FOUND 2 COINS HIDDEN AROUND THE SCHOOL.

THROUGHOUT THE TERM, LEARNERS HAVE ENGAGED WITH A VARIETY OF IMPORTANT RELIGIOUS, EQUITY, DIVERSITY AND INCLUSION TOPICS. IN RECOGNITION OF WORLD RELIGIONS, WE EXPLORED WORLD RELIGION DAY, AS WELL AS LEARNING ABOUT LENT, RAMADAN AND EID AL-FITR. THESE DISCUSSIONS HAVE ENCOURAGED UNDERSTANDING AND RESPECT FOR DIFFERENT FAITHS AND TRADITIONS WITHIN OUR SCHOOL COMMUNITY AND THE WIDER COMMUNITY.

**CHELSEA SMITH - EDI LEAD**

**WELL BEING LEAD**

THIS TERM WE LOOKED AT MULTIPLE DIFFERENT TOPICS, WITH THE HELP OF OUR WELL BEING APPRENTICE RONNIE.

WE LOOKED AT THE CHINESE LUNAR CALENDER AND THE ANIMALS WHICH REPRESENT EACH YEAR, THIS YEAR IS THE YEAR OF THE HORSE.

IN ADDITION WE CELEBRATED EMPLOYEE CELEBRATION DAY, AS A THANK YOU TOKEN TO ALL STAFF GOODY BAGS WERE MADE FOR THE WELL BEING OF OUR STAFF.

INTERNATIONAL WOMENS DAYS WAS ALSO HIGHLIGHTED IN WHICH THE FEMALE STAFF WERE GIVEN A £25 VOUCHER!

**IRENE FIORE - WELL BEING LEAD**



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BreakThrough INDEPENDENT SCHOOL

# FOODBANK INFORMATION

[HTTPS://BEXLEY.FOodbANK.ORG.UK/GET-HELP/HOW-TO-GET-HELP/](https://bexley.foodbank.org.uk/get-help/how-to-get-help/)

**BRING YOUR FOODBANK VOUCHER TO YOUR NEAREST FOODBANK CENTRE.**

### Avery Hill Christian Fellowship

For Vouchers and contact - 07385 921627 (Mon to Fri - 0900 to 1200hrs) or Freephone 0808 208 2138 (Mon to Fri - 0900 to 1700hrs)

**OPENING TIMES**

Mon	Closed
Tue	Closed
Wed	Closed
Thu	11:30 - 13:30
Fri	Closed
Sat	Closed
Sun	Closed

**ADDRESS**

Southspring  
Sidcup, Kent  
DA15 8EA

**PLEASE FOLLOW THE LINK ABOVE FOR UPDATES AND FURTHER INFORMATION ABOUT FOODBANKS IN BEXLEY BOROUGH**

### Belvedere Community Centre

For Vouchers and contact - 07385 921627 (Mon to Fri - 0900 to 1200hrs) or Freephone 0808 208 2138 (Mon to Fri - 0900 to 1700hrs)

**OPENING TIMES**

Mon	Closed
Tue	Closed
Wed	09:30 - 12:00
Thu	Closed
Fri	Closed
Sat	Closed
Sun	Closed

**ADDRESS**

Mitchell Close  
Belvedere  
Kent  
DA17 6AA

### Trinity Baptist Church

For Vouchers and contact - 07385 921627 (Mon to Fri - 0900 to 1200hrs) or Freephone 0808 208 2138 (Mon to Fri - 0900 to 1700hrs)

**OPENING TIMES**

Mon	Closed
Tue	Closed
Wed	Closed
Thu	Closed
Fri	09:00 - 11:30
Sat	Closed
Sun	Closed

**ADDRESS**

Broadway  
Bexleyheath  
DA6 7AY

You can find a list of local centres and opening times here. When you arrive, you will be welcomed with a warm drink and the trained volunteers will chat with you about your situation. They will also discuss any dietary needs you may have and exchange your foodbank voucher for a parcel of 7 days of emergency food. They will also help to support you in any other ways that they can.

### New Community Church

For Vouchers and contact - 07385 921627 (Mon to Fri - 0900 to 1200hrs) or Freephone 0808 208 2138 (Mon to Fri - 0900 to 1700hrs)

**OPENING TIMES**

Mon	10:00 - 12:00
Tue	Closed
Wed	Closed
Thu	Closed
Fri	Closed
Sat	Closed
Sun	Closed

**ADDRESS**

24 Station Road  
Sidcup, Kent  
DA15 7DU

